

LIVE BLOOD ANALYSIS

CAN REVEAL THE ROOT CAUSE

Do You Suffer From:

- Joint pain, back pain
- IBS, bloating, cramping
- Constipation/Diarrhoea
- High Cholesterol
- Headaches
- Allergies / hypersensitivities
- Blood sugar imbalance
- Bladder infections

- High / low blood pressure
- Heart palpitations
- Frequent colds / flu
- Just feeling unwell
- Fatigue, Insomnia
- Menopause, PMS
- Eczema, psoriasis
- Acne

Do You Want To Improve The Quality Of Your Life?

THEN IT'S TIME TO DETERMINE THE ROOT CAUSE OF YOUR HEALTH STRUGGLES

Live & Dry Blood Analysis provides an interesting insight to your current state of health.

It takes the guesswork out of choosing the correct natural remedies, lifestyle and dietary changes and can help prevent more serious conditions.

INVEST IN YOUR HEALTH



ANALYSING YOUR BLOOD UNDER A MICROSCOPE CAN UNCOVER:

- Hidden nutritional imbalances
- Immune, hormonal & digestive imbalances
 - Underlying toxicities
 - Stressed liver, kidneys, adrenals
- Insufficient circulatory or lymphatic function

WE USE SPECIFIC NATURAL REMEDIES & TREATMENTS TAILORED TO YOUR INDIVIDUAL NEEDS

A session can take 40-60min and the analysis can be performed on persons of all ages including infants. After assessing a single drop of your blood, further investigations may be suggested, but we typically provide you with dietary, lifestyle and other treatment recommendations as well as remedies to address any specific imbalances.

LET ME HELP YOU TRANSFORM YOUR HEALTH

To learn more or to make an appointment contact Dr Alida Retief at 072 104 6788 naturopath@mweb.co.za